

## IT'S BACK!

They arrived in droves after Matthew, almost as if they'd been driven in by the winds and flooding. No, I'm not talking about the bicyclists or even lesser beings such as our yearly scourge of green inchworms and Chinese lion dragon caterpillars. This was more ominous. A 25-sq. ft. area of our yard had been obliterated. I took photos and texted them to naturalist David Gardner over at Camp St. Christopher. 'What diabolical creatures did this?' I wailed. His response was prompt—*feral pigs*. Now I'm fond of porkers, but this seemed a bit of a stretch. Indeed it was. Fish & Wildlife across the street trotted over a bit later, surveyed the damage, and proclaimed it classic 'turkey scratch.' The war had begun.

Thanks to the exodus of coyotes which may have fled Matthew's wrath or more likely succumbed to distemper, turkeys have proliferated all over the island. Hens lay a total of 11 eggs in as many days and they hatch in 28. You do the math. Stories now abound about rogue toms pecking cars and stalking walkers who've been known to arm themselves with cabbages and nine irons. Just something to think about as Thanksgiving approaches and you pull out the platters and turkey basters.

If our animal kingdom has seen flux, so too have the demographics of Seabrook Island changed. Where once we glimpsed primarily walkers, joggers, and bikers, we now see rollerblades and kids of all ages whizzing by on scooters and skateboards. Our SINHG trips for the spring reflect some of these changes. Once again, we have a slew of new and used trips, many of which are activity-driven. So if you want to work off some of that holiday 'excess,' you can play pickleball right here on the island, kayak Wambaw Creek, power walk the Ravenel, explore the Bohicket on a Holy City sailboat, cruise to Cherry Point and North Edisto on a St. John's Boat Tour, or simply sample wines on the Schooner Pride. Test your wits on a Scavenger Hunt downtown, but beware those washboard sidewalks as you embark on a Twisted Charleston Tour or Carol Ezell-Gilson's Legacy of Slavery and Westside Story tours. For foodies, Dani Manilla's concocting some sizzling Sicilian dishes or you can tickle your palette with goodies sampled on the Upper King Culinary stroll. Arts and crafters will enjoy making sweetgrass baskets, Rainbow Row suncatchers, or beading stretchy bracelets. You can drink yourself silly at Wine and Paint—it's only a short crawl home and who knows, someone might love a painting of a snowy egret that resembles nothing as much as The Donald (it's been done!). If you prefer to walk, there's the downtown Art Gallery Tour; a peek at Johns Island Presbyterian Church circa 1719; and a wonderful program on historical stitch witchery followed by a tour of Gatsby-era costumes at the Charleston Museum. Finally, it's b-a-a-a-ck! BMW—The Tour. A fabulous trip you've been waiting years for us to offer again. All this and much, much more! Bon appétit!

## Spring 2020 Trips

**\* Denotes new trips (16 of 45)**

- 1. South Carolina Historical Society Museum**      **Tuesday, Feb. 11**      **9:00 – 1:00**      **Leader: Lynn**  
South Carolina's extensive historical archives and annals are once again on display in the newly renovated and reopened Robert Mills' "Fireproof Building", a National Historic Landmark Building. The impressive Fireproof Building's unique method of construction is considered to be the oldest in the nation. The building initially opened in December 1826; its recent renovation keeps much of it as it was.  
Individual galleries with themed exhibits display multiple aspects that have shaped the state and nation. From artifacts including Francis Marion's powder horn, to an 1855 daguerreotype, to galleries featuring natural disasters (for example: the Earthquake of 1886, complete with photographs), to touchscreens for learning about several South Carolinians' artistic impacts, to cuisine, to Gullah culture; the extensive displays will enchant even the most diverse group of museum goers. This new SINHG trip is unique because we will be touring the museum on a Monday, a day when the museum is actually closed. After our museum led tour, we are then permitted to go back into the galleries to see it over again at our leisure. Afterwards, an optional lunch at a nearby restaurant is planned  
**Min: 10      Max: 20      Cost: \$17.00      History**
- 2. Pickleball\***      **Wednesday, Feb. 12**      **1:00 – 3:00**      **Leader: Pat**  
Have you ever wondered what the fastest growing sport in the country is - Pickleball. We have courts right here on Seabrook. It is a game that requires more strategy than athletic ability. Although hand-eye coordination is a must. Come enjoy a demonstration game, tips and tricks from the Pickleball pro at the Racket Club and get a chance to play. (Club membership is not required.)  
**Min: 8      Max: 12      Cost: \$10.00      Other**
- 3. BMW – The Tour!\***      **Tuesday, Feb. 18**      **6:45 AM - 7:30 PM**      **Leader: Carol**  
There are certain trips that loom large in the in the pantheon of SINHG outings and this one ranks up there with the very best. Ellen Coughlin originated it years ago and ever since we've had tons of requests to repeat it. In the interim, BMW shut down its factory tour while they implemented a new line. The tour is once again up and running and we're delighted to offer it. Our day begins with a self-guided visit to the **Zentrum Museum** where we'll see numerous BMW milestones in both touring and racing vehicles, and view rare and important automobiles from BMW's past: the Isetta bubble car, BMW motorcycles, and art cars featuring designs by Andy Warhol, Roy Lichtenstein among others. Lunch is on your own in the museum café. Afterwards we'll board a shuttle bus to take us to the 2-hr. factory tour, where we'll see cars being assembled both manually & robotically. The bus ride is long (3.5+ hours) but the tour is absolutely worth it. So bring your ipads, a book, maybe a nail file, snacks or just snooze on route. Participants **MUST** wear completely closed shoes, like sneakers—absolutely **NO** heels, sandals or any type of shoe which has holes that reveal skin or socks. Walking in the factory is extensive but easy. Wheelchairs are available for both the museum and the factory tours, but you must be able to board the bus. (non-refundable unless substitute found, due to bus cost)  
**Min/Max: 40      Cost: \$69.00      Bus trip      Other**
- 4. Charleston Harbor Pilots**      **Tuesday, Feb. 25**      **9:00 - 1:00**      **Leader: Lynn M**  
Charleston is home to the eighth largest container trade in the country. The Charleston branch pilots provide services to all vessels engaged in domestic and foreign trade entering and leaving Charleston harbor. The pilots handle vessels calling on Charleston's five Ports Authority Terminals: 7 private cargo terminals, 2 shipyards, 2 Federal Government facilities, and 3 marinas. State law requires a pilot on all foreign and US vessels with a draft greater than 11 feet. Pilots board via rope ladder approximately 15 miles offshore and give orders to steer the vessel through the harbor to its appropriate berth. They board departing vessels to provide the same service in reverse. This is a highly dangerous and specialized job. You'll meet some of the men in this select group (though there has been at least one woman applicant), watch a power-point presentation, and tour the Harbor Pilot building. This trip—one of our best—is a favorite with Seabrookers, and we are pleased to run it again.  
**Min: 12      Max: 15      Cost: \$20.00      Other**
- 5. Make a Charleston Rainbow Row Suncatcher/Tray\***      **Tuesday, Feb 25**      **10:15 – 1:45**      **Leader: Nancy**  
Join us for this fun morning to make your own unique 6x12 inch fused panel suncatcher or tray based on the image of Rainbow Row in Charleston! It makes a great gift or one to keep. The two-hour class features the fused glass technique, meaning there are no chemicals or heavy metals to work with, the glass is precut, and no experience required! However,

since the projects must be fired, you will need to be patient as we will not be able to take them home at the end of the party. Nancy will arrange to pick-up your project one week from the party and deliver them to Seabrook Island. Who knows, you may be inspired to take up this beautiful hobby and work towards making a larger project for yourself or as a gift!

**Min/Max: 10**

**Cost: \$84.00**

**Arts or Crafts**

**6. Worms and Snails and Petrified Whales at the Charleston Museum**

**Wednesday, Feb. 26 9:00 – 12:30**

**Leader: Carol**

We did this tour with Matt Gibson, Curator of the 4,000 sq. ft. Bunting Natural History Gallery, two years ago when it reopened after a major renovation. It knocked our socks off! What can we say? Expect the unexpected. You'll see a cast of a soaring Pelagornis (world's largest flying bird), an extinct 18' crocodile, meteorites, extensive Ice Age material, and that's just a start. Matt's incredibly knowledgeable about all things natural and this wonderful showcase of the museum's extensive collection will give you a thorough overview of the evolution of natural history in the Lowcountry. After our tour, you're welcome to browse the other galleries on your own. The Charleston Museum, founded in 1773, is the oldest in the country. If you've never visited, this is a great opportunity to view and enjoy its superb collections.

**Min: 10**

**Max: 20**

**Cost: \$20.00**

**Natural Science**

**7. Upper King Culinary Tour**

**Thursday, Feb. 27 2:00 - 6:30**

**Leader: Kathy**

This ever-popular culinary walking tour in the historic Upper King Street District showcases Charleston's latest in culinary innovations. We begin our tour at HoM, which is a burger boutique/lounge/neighborhood bar. Then with so many new and innovative restaurant choices, each Upper King Culinary Tour becomes unique, as the rotation of culinary destinations continually changes according to each restaurant's availability. The restaurants featured are trailblazers in Charleston's culinary scene; edgy and innovative, and designed to showcase some of the best that Charleston's food scene has to offer. All this is blended together into an afternoon which melds a culinary adventure with an historical neighborhood walking tour. A broad range of food samples will provide insight into Charleston's New South cuisine, with enough nourishment to make a meal for most! The price includes all food and non-alcoholic beverages tastings. This 2½-hour culinary walking tour will be on uneven sidewalks in the Upper King Street District.

**Min/Max: 14**

**Cost: \$70.00**

**Culinary**

**8. National Weather Service**

**Friday, Feb. 28**

**9:00 - 12:30**

**Leader: Roni**

Due to the extremely long waitlist, SINHG will visit the Charleston office of the National Weather Service (NOAA) again this spring. If you've ever been glued to the weather channel, munching popcorn, wondering if the latest storm is aiming right toward you, then this may be the tour for you. We're heading to North Charleston to the facility where public, marine, and aviation forecasts including tornadoes, hurricanes, flashflood warnings, and severe thunderstorms are monitored and broadcasted. An explanation of the techniques employed to predict these climatic events and a tour of the facilities will be followed by a question and answer period. Specifically we've specified that we'd like to know more about the effects of hurricanes, flooding, climate change, and general weather related safety.

**Min: 15**

**Max: 20**

**Cost: \$10.00**

**Other**

**9. John's Island Presbyterian Church Tour\***

**Wednesday, Mar. 4 10:00 - 12:00**

**Leader: Roni**

Join us for a tour of the beautiful, 300-year-old John's Island Presbyterian Church and. The original building was erected in 1719 after being organized in 1710. We will follow its congregation's history beginning with its founding by Rev Stobo, following it through the dramatic events of the Revolutionary and Civil Wars to the present and its impact on the Sea Islands today. In addition we will explore the church's sanctuary and slave balcony as well as its graveyard.

**Min: 5**

**Max: 20**

**Cost: \$10.00**

**History**

**10. Beading your own stretchy bracelet\***

**Thursday, Mar. 5 2:45 - 5:15**

**Leader: Lynn B**

A little nervous to make your own beaded stretchy bracelet? Don't be! No talent or experience is necessary. Our talented instructor will guide us step-by-step! You will be amazed at your very own work that you will be proud to wear! Join Lynn in making your own beaded stretchy bracelet with our guest artist Barbara Clawson. All materials and a wide selection of beads will be provided. Our class will be held at the Lakehouse so we won't be traveling far. Come for fun, beading may become your next hobby.

**Min: 8**

**Max: 10**

**Cost: \$29.00**

**Arts & Crafts**

## **11. Lady Lore and Charleston's significant contributions to the 100th anniversary of 19th Amendment**

### **Allowing women the right to vote**

**Thursday, Mar. 5**

**12:00 – 4:00**

**Leader: Kathy**

Our tour guide Carol Ezell-Gilson will introduce us to a group of courageous, innovative women which includes civil rights activists, social reformers, preservationists, suffragettes, a historical diarist, an artist, a planter, an actress, a pirate and a mystery. In changing their world of feminine stereotypes, they opened doors and provided important opportunities for women that followed after them. Specifically (and timely), you'll learn about the connection of Charleston's suffragette movement's involvement in the 19th amendment allowing women the right to vote. Through Carol's discussion, we will learn how Charleston's own Susan Pringle Frost and Anita Pollitzer along with her sisters, were part of that. In 2020 we will celebrate the 100th Anniversary of the 19th Amendment allowing women the right to vote! This two-hour walking tour begins and ends at Washington Park. Moderate walking on uneven sidewalks.

**Min: 10**

**Max: 20**

**Cost \$28.00**

**History**

## **12. Charleston Art Gallery Walk and Dinner\***

**Friday, Mar. 6**

**4:00 – 9:00 PM**

**Leader: Lynn M**

Do you want to do something really fun as a group? This is a quarterly event held on the first Friday with over 30 Art galleries staying open late, from 5-8:00 PM. Many of the galleries will serve some snacks and wine as you stroll from one gallery to the next. You can plan your route ahead of time if you want or just stroll the historic streets of Charleston on your own. This could be a fun event to do together as a group, splitting into teams that might have different interests and meeting half way through the evening for a short get together at a local bistro (optional). The Charleston Gallery Association sponsors the event. You will not be able to visit all the galleries in one evening.

**Min: 10**

**Max: 20**

**Cost: \$10.00**

**Culture**

## **13. Vertical Roots**

**Tuesday, Mar. 10**

**9:45 - 1:15**

**Leader: Pat**

Vertical Roots has grown since our last tour 2 years ago. They have relocated to a new location on Daniel Island. They grow their produce with no medium. Cool, huh? Vertical Roots is the brainstorm of Andrew Hare and Matt Daniels, two young men who have figured out a way to grow produce in railroad containers to deliver fresh, chemical-free vegetables year-round from farm to table. Their aeroponic container growing system uses water 98% more effectively than traditional farms and produces greens that are pest and disease-free. Their business has grown exponentially and they now supply produce for Whole Foods, Harris Teeter, Earthfare, etc. Brian will lead our tour after which we'll have an optional lunch at a nearby Daniel Island eatery. *Your cost will be donated to a food charity chosen by Andrew and Brian.*

**Min: 10**

**Max: 20**

**Cost: \$10.00**

**Natural Science**

## **14. Ravenel Bridge Walk**

**Wednesday, Mar. 11 9:15 - 1:30**

**Leader: Carol**

Okay, folks, it's crunch time, i.e. time to brush the Twinkie crumbs off your chin, lace up your Nikes, and experience the exhilaration of walking where deer never run. We'll park practically under the bridge at Memorial Waterfront Park in Mt. Pleasant to begin our trek. The bridge uphill is a little strenuous (more so from the MP side) but you can walk at your own pace and rest whenever you like. At midpoint there are benches where we'll regroup and enjoy the absolutely spectacular view of the harbor. When we reach the Charleston side, we'll refuel (lunch, light snacks, pastries, etc.) at Mercantile and Mash in the wonderfully renovated Old Cigar Factory building—a destination itself. Afterwards we'll retrace our steps to our patiently waiting cars. Bring sun protection, water, a windbreaker and cell/camera. Extensive walking.

**Min: 5**

**Max: 20**

**Cost: none**

**Other**

## **15. West Side Story\***

**Thursday, Mar. 12**

**12:00 – 4:00**

**Leader: Kathy**

Charleston's "West Side Story" begins within the old walled city, viewing impressive public buildings and lovely churches. Outside this walled area—to the west—on low, marshy, undesirable land, a different, darker part of the city's history unfolded. Our tour guide Carol Ezell-Gilson will weave a journey that leads west to the block of misery for the "unfortunates", revealing the underside of the city and giving visitors a more complete understanding of Charleston's history. This area was set aside in 1680 to house Charles Town's charitable, penal and reform institutions and designated as burial ground for poor blacks. By 1738, a combination poor house/work house/insane asylum/jail occupied part of these public lands. The tour concludes amidst large Victorian mansions built on sites of these earlier structures destroyed by the Great Fire of 1861. Tour will start at Washington Park behind City Hall at Broad and Meeting Streets and end at Burbages Grocery on the corner of Broad and Savage. Folks can get a drink or have lunch there, or just rest before walking back to Washington Park. Moderate walking on uneven sidewalks.

**Min: 10**

**Max: 20**

**Cost: \$28.00**

**Culture**

**16. Cape Romain Lighthouse Tour****Sunday, Mar. 15****8:15 – 4:00****Leader: Jim**

Four times each year, Cape Romain National Wildlife Refuge offers a tour to Lighthouse Island where you can view two historic lights. The event begins with a presentation on the history of the two lighthouses at the Sewee Visitor and Environmental Education Center. Following the presentation, participants will drive to McClellanville boat landing and board the Coastal Expeditions Ferry to travel to Lighthouse Island. Winding 6 miles offshore through the estuary to the island is part of the adventure. Skilled naturalists will provide interpretation of the flora and fauna that surrounds the boat enroute to the destination. The lights are a significant maritime landmark and are listed on the National Register of Historic Places. The 1827 lighthouse is the oldest of its kind still standing in the U.S. This is an incredible outdoor adventure for people of all ages (children welcome!), that combines a fun-filled boat eco-tour seeing wildlife including birds and possibly dolphins, with exploration of the lighthouses. Please note, you will depart the boat onto the island using a ramp. Once on the island, you'll walk to the lighthouses and be able to enter one of the structures. You may need to walk through marsh, so if you have limited mobility or do not want to walk through the marsh, you may stay on the boat. Be sure to dress in layers, wear shoes or rubber boots that will stay on your feet in pluff mud, a hat and synthetic clothing which dries faster than cotton. Bring water, snacks, sunscreen & insect repellent.

**Min/Max: 20 (\*Add'l may be possible)****Cost: \$60.00****Natural Science****17. Wando Welch Container Terminal Tour****Monday, Mar. 16****8:30 – 12:30****Leader: Nancy**

Wando Welch Terminal is a premier connection to global markets, with state-of-the-art container cranes, RTGs, IT systems and a team of experienced professionals on the ground. It is South Carolina's largest container terminal at more than 400 total acres and moves approximately 78% of the port's annual container volume. It handles container vessels of all sizes, but its cranes and wharf are specialized to handle three neo-Pamanax ships at one time with a maximum capability of handling vessels up to 19,000 TEU. Come enjoy a small bus ride through the terminal with a professional guide to explain its operation. Security information will be needed prior to the trip. Minimum walking.

**Min: 10****Max: 14****Cost: \$10.00****Other****18. Upper Wambaw Creek Kayaking****Wednesday, Mar. 18****8:00 - 2:00****Leader: Steve**

Wambaw Creek is a beautiful blackwater creek which is a tributary to the Santee River and was paddled by the Santee and coastal Plain Indians for thousands of years. The creek is surrounded by a seasonal floodplain swamp where giant old growth Bald Cypress trees as well as, Water Tupelo, Water Oak, Water Ash, Red Maple and Swamp Dogwood shade the banks of its pristine black waters. It offers spectacular birding and wildlife viewing. This paddle will take you through the upper section of the creek into the Francis Marion National Forest. This is pristine, undeveloped forest with 1,000-year-old Cypress trees.

**Min/Max: 12****Cost: \$41.00****Kayaking/Biking****19. Sweetgrass Basket Class****Thursday, Mar. 19****9:00 - 1:00****Leader: Lynn B**

This is one of our most popular and fun classes. Even if you're all thumbs, we promise you'll learn the rudiments of basket-making and come home with your own—albeit small—basket! Our wonderful, ever patient teacher is Sarah Edwards-Hammond, one of Charleston's finest sweetgrass artists and a 3rd generation basket-maker, having learned the craft from her mother and grandmother. She has taught basket-making in schools, clubs, and museums all over the state and is proud to be an annual instructor for many years at the John C. Campbell Folk School, located in Brasstown, NC. Our class will be held in the Eagles Nest Art Room at the Lake House. All materials are included in the price.

**Min: 6****Max: 14****Cost: \$67.00****Arts & Crafts****20. Downtown Gullah Tour****Saturday, Mar. 21****10:00 - 2:00****Leader: Mark**

Alphonso Brown is a very busy man. With his extensive background in music (B.S. degree in musicology from SCSU graduate degree from Southern Illinois U.), he is choirmaster/organist for the Emmanuel AME Church on Calhoun Street. At Mother Emmanuel he directs 5 choirs, some of which are featured annually in Piccolo Spoleto and a host of other venues including concerts, television and even film documentaries. In his spare time, Mr. Brown leads lively Gullah excursions downtown on his 21-seat touring bus. This 2-hour trip begins and ends at the Charleston Visitors Center and takes you to numerous places on the peninsula where you'll gain insight into the rich Gullah history of this area. Mr. Brown knows his stuff—he was born in the tiny hamlet of Rantowles, 12 miles south of Charleston, speaks fluent Gullah and is familiar with its traditions. We've run this trip several times before and always have a fun and lively time. *We'll carpool to the Charleston Visitor Center where we'll board a bus for our tour. Participants must be able to board bus.*

**Min/Max: 25****Cost: \$28.00****Bus trip****Culture**

- 21. Piecework & Costumes at the Charleston Museum\* Tuesday, Mar. 24 9:00 - 12:00 Leader: Carol**  
 The Charleston Museum has a fabulous collection of historical textiles, consisting of more than 10,000 objects. Join Teresa Teixeira, Curator of Historical Textiles, and go behind-the-scenes into object storage to view rarely exhibited examples of 18th- and 19th-century decorative needlework and costume pieces. Teresa studied textiles at the Smithsonian, then held curatorial positions at Colonial Williamsburg and James Madison's Montpelier before coming to the Charleston Museum. We are lucky to have her! After our program we'll take a self-guided tour of the Museum's current exhibition of Great Gatsby-era clothing. The provenance of most of the pieces in this lovely collection is pure Charleston! Optional lunch at Rue de Jean.  
**Min: 10 Max: 20 Cost: \$28.00 Culture**
- 22. Wine & Paint Thursday, Mar. 26 5:45 – 8:15 PM Leader: Becky**  
 Come and enjoy a fun night out with friends and family. Wine and light snacks will be provided. Get ready to paint your night away! You will be taught step-by-step instructions from a local artist and you'll leave with your very own masterpiece. The class will be held in the Eagle's Nest room at the Lake House.  
**Min: 10 Max: 30 Cost: \$48.00 Arts & Crafts**
- 23. Shem Creek Kayak Paddle Friday, Mar. 27 8:45 – 1:30 Leader: Steve**  
 Enjoy a leisurely kayak paddle in and around scenic Shem Creek, Mt. Pleasant. We will leave options open for whether we go up the creek away from the harbor or paddle out to Crab Bank and around the harbor. This will be determined by weather and tide conditions  
**Min: 12 Max: 18 Cost: \$50.00 Kayaking/Biking**
- 24. Downtown Charleston Scavenger Hunt\* Saturday, Mar. 28 9:00 – 12:00 Leader: Lynn B**  
 Have you ever been on a scavenger hunt? It would be fun to have several teams of 3 or 4 members to work together and compete with another SINHG team. Operation City Quest is a scavenger hunt using your smartphone where you'll be given nearly 140 objects to find. You'll then wander throughout the downtown area searching for the items. Once you've found the object, you'll send a photo in to score points. Along the way, you will perform challenges and answer trivia questions for even more points. you'll explore all that downtown has to offer while gaining points and competing for first place on the leaderboard. Distance is about 2 miles of walking. SINHG has never tried this before, so it will be new to all of use. Moderate walking on uneven sidewalks. (Lunch is optional)  
**Min: 12 Max: 24 Cost: \$20.00 History**
- 25. Lowcountry Hazard Center & Museum of Natural History\* Monday, Mar. 30 10:00 - 1:30 Leader: Carol**  
 Many of you are familiar with C of C Professor Norman Levine who has presented several evening SINHG programs for us over the past couple of years. Well I do remember walking out of one wishing I'd had a college professor as enthusiastic and dynamic as he is. As Director of the Lowcountry Hazard Center, Dr. Levine oversees the study of three main climatological events that threaten the Charleston area: hurricanes, earthquakes, and tsunamis. We'll see how past events help us prognosticate the future and view computer models—especially as they relate to Seabrook—that have been developed to predict the effect of wave surge, water tables, etc. This promises to be a fun and informative presentation. We'll end our morning with a brief visit to the Mace Brown Museum of Natural History, a repository of one of the largest collections of fossils from around the world. *Your fee is a donation to the Department of Geology and Environmental Sciences at the College of Charleston.*  
**Min: 10 Max: 17 Cost: \$20.00 Other**
- 26. Savory Secrets of Sicily: Cooking with Dani Manilla\* Tuesday, Mar. 31 5:00 - 9:00PM Leader: Jean**  
 Join us for a cooking demonstration and tasting of Italian favorites at the home of Tom and Linda Sivert on Seabrook Island. Sicily is the largest island in the Mediterranean and has been inhabited for over 10,000 years. This fascinating cuisine evolved from Greek, Arab, Italian, and French influences. Chef Dani recently spent several weeks exploring Sicily and its cuisine and is thrilled to share some of the recipes she discovered on this captivating island. Dani Manilla has been involved in the culinary world for over 30 years. She has been a caterer, culinary instructor, and chef in California, the south of France, and Charleston. Bon Appétit has featured her as a great chef and her recipes have been published in several cooking magazines. Dani moved to Charleston from France in 2011 and currently divides her time between the two locations. Menu includes:  
 Caponata: traditional Sicilian sweet and sour antipasto with eggplant, fennel, capers and golden raisins



- *Arancini*: rice balls stuffed with mozzarella and meat ragù then fried to a crisp.
- *Pasta Trapanese*: Sicily's version of pesto from the charming city Trapani, this delicious sauce of tomatoes, almonds, and garlic gets an extra kick from sun dried tomatoes.
- *Amaretti*: these tender almond cookies are the perfect ending to any meal.

Bring your own bottle of wine and enjoy the Italian cuisine while learning to make these Sicilian favorites.

**Min: 10      Max: 13      Cost: \$80.00      Culinary**

**27. Cuckold Creek Kayak Paddle\***      **Thursday, Apr. 2      8:15 – 1:30      Leader: Steve**  
Come paddle with us in our favorite venue – The ACE Basin. This will be a gentle paddle and we will be passing old rice fields, rice trunks and at this time of year the flowers should be glorious. We expect to see plenty of birds. This paddle has not been done for several years and is new to Steve. It should be great.

**Min: 12      Max: 18      Cost: \$57.00      Kayaking/Biking**

**28. Astronomy 101**      **Thursday, Apr. 2      7:15 - 9:45 PM      Leader: Lynn B**  
We have a fantastic view of the night sky here in Seabrook Island with minimum light pollution. Have you wondered what you are looking at in the night sky? How can you easily tell a star from a planet, a constellation from a galaxy? What can you see with a set of binoculars or your naked eye? Dr. Ashley Pagnotta, who is an assistant professor in the Department of Physics and Astronomy is coming to the Oyster Catcher Community Center to give a session on interpreting the night sky, with time to go out into the parking lot and experience your new knowledge. She will stay for the night observation and answer your questions as you identify different aspects of the night sky. Minimum walking required.

**Min: 15      Max: 20      Cost: \$22.00      Natural Science**

**29. Georgetown Plantation Tour**      **Friday, Apr. 3      8:00 - 6:00      Leader: Frank S**  
A SINHG favorite, this is the 73rd running of the Georgetown Plantation Tour! Sponsored by the good ladies of the Prince George Winyah Episcopal Church, this tour features pre-Revolutionary and antebellum churches as well as privately owned town houses and plantations. There will be a lot of walking—wear low-heeled shoes (for your comfort as well as the protection of old floors and rugs). For more details, as well as information about other tour events please check the website: [www.pgwinyah.com](http://www.pgwinyah.com). Because of the 1½ + hour drive time and the number of homes to see, this will be a self-guided tour. You can pick and choose which places you'd like to visit and enjoy the day at your own pace. **Reservations are prepaid. No refund if a replacement cannot be found. Lunch is not included.**

**Min: 10      Max: 20      Cost: \$55.00      History**

**30. Schooner Pride Wine Tasting**      **Wednesday, Apr. 8      4:00 - 7:30 PM      Leader: Jim**  
Experience the wonder of sailing Charleston Harbor on a classic 84 foot tall ship - sit back and watch the wind fill the sails, moving the Schooner Pride through the waters of one of the oldest ports in the country! Board the Schooner Pride for a relaxing evening with Advintage Distributing and Foodies Catering. Advintage wines invites you to enjoy some of their favorite wines and sample some light hors d'oeuvres from Foodies catering. Each cruise will feature 4-5 wines hand selected and shared with you! Some steps are needed to navigate to the bathroom.

**Min: 25      Max: 45      Cost: \$75.00      Culinary**

**31. St. Johns Boat Tour\***      **Tuesday, Apr. 14      9:45 – 12:15      Leader: Carol**  
**(Rain date: Friday, Apr 17)**

Our boat holds 25-35 adventurers and takes off from a private dock right near the Kiawah/Seabrook Circle. Our 2-hour cruise will take us first to Rockville and Cherry Point where we'll learn about the native people that populated this area as well as some of the history and ecology of these barrier islands. We'll then head to North Edisto where we'll dolphin-watch and learn about the natural history of Botany Island and also Fig Island, a man-made cluster of several 'islands' created out of oyster shells by native Indians. This should be a lovely, informative cruise. Please bring sunblock, hat, windbreaker. Rain date is the Friday, April 17—if you sign up, please keep this date free in case we have bad weather.

**Min: 25      Max: 35      Cost: \$42.00      Natural Science**

**32. Beidler Forest****Thursday, Apr. 16 8:30 - 1:30****Leader: Carol**

Beidler Forest, an 1,800-acre Audubon preserve, sits within the Four Holes Swamp, a huge matrix of black water sloughs, shallow bottomland, hardwoods, deep bald cypress and tupelo gum flats. Here, ancient trees, an abundance of wildlife, and the quiet flow of black water lure photographers and nature lovers from all over. We've timed our visit to coincide with peak songbird migration. In particular, the forest is perfect habitat for migrating Prothonotary warblers which should be in abundance—so much, that sometimes watching fellow birders with their huge telescopic camera lenses is almost as much fun as watching the birds! Our morning begins with a brief orientation at the visitor center, followed by a guided tour along a 1.75-mile wheelchair accessible boardwalk. Walking is easy and there are many stops along the way. Lunch is not included but there are picnic tables under the trees and we encourage you to pack something to eat. Wear comfortable shoes and clothing; be sure to bring binoculars and cameras. Pack bug spray, although the gently flowing black water keeps most flying insects at bay.

**Min: 10****Max: 20****Cost: \$17.00****History****33. Charleston Alleys & Hidden Passages****Friday, Apr. 17 9:00 – 1:00****Leader: Sharon**

Come explore some of Charleston's most enchanting alleys and hidden passages. Distinguished by their beauty, Charleston's alleys occupy spaces that blur the line between public and private areas and offer remarkable insight into the history of the Holy City. These quaint passageways are frequently inaccessible by automobiles and are often overlooked, even by frequent visitors and residents who are more focused on the City's grand homes and famous landmarks. However, walking along these picturesque cobblestones, brick and stone pathways offers an opportunity to step back in time and appreciate more fully Charleston's charms on an intimate and inviting scale. Tour conducted by Low Country Walking Tours. It has been said of Charleston that it is the only place in the world where one may live in an alley and be respected. We invite you to come explore some of these alleys, and other landmarks along the way, on your next trip to Charleston. Moderate walking.

**Min: 12****Max: 24****Cost: \$30.00****History****34. Twisted Charleston Tours\*****Saturday, Apr. 18 9:00 – 12:00****Leader: Rich**

Join us on a Saturday morning 1-hour walking tour through the darker side of Charleston history. A unique look at Charleston's Twisted Past. You'll learn about the seedy underbelly of Charleston's formative years. Our guide, Don Huskey, will take us on a voyage of alcohol soaked founders, rampant prostitution, serial killers, pirates, and houses of ill repute.

**Min: 10****Max: 20****Cost: \$22.00****History****35. Morris Island with Dr. Stephen Wise****Tuesday, Apr. 21 8:15 - 1:00****Leader: Frank A**

This is an exciting mixture of natural and cultural history here in the Lowcountry. Our journey begins on Bowens Island as we cruise through pristine tidal creeks aboard a Carolina Skiff bay boat out to Morris Island and the historic Morris Island Lighthouse. As you cruise the six miles out to the uninhabited barrier island, the captain from Charleston Outdoor Adventures will discuss native wildlife and the diverse eco-systems of the Lowcountry. While on Morris Island, we'll have the unique opportunity to learn from Dr. Stephen Wise, renowned author and historian, about the role of the island in the Union Campaign to capture Charleston. Our cruise time will be approximately 45 minutes each way and we'll have about an hour on the island.

**Min/Max: 18****Cost: \$62.00****Natural Science****36. Primate Sanctuary****Wednesday, Apr. 22 8:45 - 12:30****Leader: Jean**

The International Primate Protection League (IPPL), an international organization dedicated to helping primates in need around the world, maintains a Headquarters Sanctuary in Summerville, South Carolina, where dozens of gibbons (the smallest of the apes) currently reside. Join us for this visit to the unique International Primate Protection Sanctuary and meet with Dr. Shirley McGreal, director and founder of the IPPL, who will introduce us to the gibbons in her care. We will observe the gibbons in their outdoor habitat: we learn about their history and habits as well as the mission of the sanctuary. Easy walking. No lunch plans.

**Min/Max: 11****Cost: \$25.00****Natural Science**



- 37. Horse Carriage Ride\*** **Thursday, Apr. 23** **10:00 - 2:00** **Leader: Becky**  
 Come experience Charleston's historical residential districts, to include beautiful homes, gardens, and churches. Learn about buildings, history, architecture, flora and the people that make up the "Holy City" in our 1-hour riding tour. Palmetto Carriage Works is the oldest carriage tour company in Charleston. Each tour offers a blend of knowledge, wit, humor, and history. Enjoy a delightful lunch following the tour at Cru Café, which is just a short walk away. It is a culinary destination off the beaten path (meal is optional after the carriage ride).  
**Min/Max: 16** **Cost: \$27 (includes tip)** **Culture**
- 38. Holy City Sailing** **Monday, May 4** **9:30 - 12:30** **Leader: Rich**  
 This hands-on sailing experience is just the ticket to enjoy the beauty of the low country and our barrier islands. You're welcome to participate in the sailing of the Beneteau 373 boat or sit back and relax! Come dressed in layers, it can be very hot; don't forget the sunscreen and wear non-marking shoes (no heels of course). The waters around Kiawah and Seabrook are filled with life, dolphins are guaranteed. <https://holycitysailing.com/>  
**Min/Max: 6** **Cost: \$60.00** **Other**
- 39. Shelling and Fossiling on Folly Beach** **Wednesday, May 6** **10:00 - 3:00** **Leader: Lynn B**  
 We had so much fun last fall trolling for fossils on Folly Beach that we've brought back paleontologist Ashby Gale to take us on another adventure. Ashby is the founder of Charleston Adventures and he promises you fun at the beach. On this trip, we're more likely to find fossils of land mammals of the last Ice Age, including giant ground sloths, Columbian mammoths, American mastodons, saber-tooth cats in addition to sharks, rays, and fish to name just a few. During this 3-hour outing your guide will help you identify and learn about the fossils you find and keep. We've selected an early May date because it's a good time in terms of the tides. This trip goes rain or shine unless there's lightning, exceptionally high tides, rough winds or flooding. Be sure to bring a cloth collection bag for shells and fossils (no plastic, please!), sunscreen, water shoes or strapped sandals, rain jacket, camera (cell phone), water, and snack, if you like. See you there! Lots of walking.  
**Min: 10** **Max: 15** **Cost: \$43.00** **Natural Science**
- 40. Legacy of Slavery\*** **Thursday, May 7** **10:00 - 12:15** **Leader: Roni**  
 Carol Ezell-Gilson is a treasure and leads many wonderful tours for SINHG. This two hour and 15 minute walking tour starts and ends at Marion Square. We will learn about the early history of slavery in Charles Town, starting with the first group of settlers on the Carolina Expedition, the first slave ship to Charles Town in 1672 and the huge importation of enslaved Africans with strong ties to Barbados. The tour focuses on information from the recent book Denmark Vesey's Garden.  
**Min: 15** **Max: 20** **Cost: \$28.00** **History**
- 41. Spirits of Magnolia Cemetery Tour** **Friday, May 8** **6:00 - 10:00 PM** **Leader: Sharon**  
 This 90-minute nighttime tour walking tour of this beautiful historic site, previously off limits to commercial tour companies, promises to be the best of Magnolia's history, mystery, and spirits. Buried here are authors and poets, artists, Confederate generals and soldiers, prominent politicians, bootleggers, prostitutes, and socialites. Stories and intrigue abound! Bulldog is an excellent tour group and this should be a fun and very informative evening. Wear comfortable shoes and don't forget your flash cameras! Walking is fairly easy although the path is uneven at times. Bulldog will provide you with lanterns to light your way. The fall trip got rave reviews!!  
**Min: 10** **Max: 20** **Cost: \$34.00** **Culture**
- 42. Charles River Labs (Horseshoe Crabs)** **Tuesday, May 12** **9:00 - 12:00** **Leader: Lynn M**  
 Every spring hundreds of thousands of Atlantic Horseshoe Crabs travel to the beaches and tidal pools of the Low Country to spawn. During this 2-3 month period, these crabs are collected, taken to the Charles River Labs in West Ashley where they "donate" about 30% of their baby blue blood and then they are returned to the water. This is all done because the Horseshoe Crab's copper based blood has properties, which can detect mere traces of bacterial presence and trap them in inescapable clots. Every injectable drug certified by the FDA must be tested using LAL (Limulus amebocyte lysate), as do surgical implants such as pacemakers and prosthetic devices. Join us for a tour of the Charles River Labs to view how the crabs are processed. We last did this trip in the Spring of 2017 and it was a tremendous hit. Tour attendees should wear comfortable shoes - no heels please, ladies.  
**Min: 10** **Max: 20** **Cost: \$10.00** **Natural Science**

**43. Spring Garden Stroll and Wine Tasting Tour      Wednesday May 20      5:30 - 7:30 PM      Leader: Roni**  
Middleton Place, a National Historic Landmark, is home to America's oldest landscaped garden. Henry Middleton began to create these gardens in 1741 in the grand classic style that was the vogue in Europe at the time. Rational order, geometry and balance, vistas, focal points and surprises were all part of the 65-acre garden design. On this trip we will sip and stroll in what has been heralded as "The Most Interesting Garden in America" by The Garden Club of America. Join us in sampling old and new world wines while enjoying spectacular views and light snacks.  
**Min: 10      Max: 20      Cost: \$28.00      Culinary**

**44. Seine and Marine Life Tour Camp St Christopher      Tuesday, May 26      2:00 – 4:00      Leader: Roni**  
This SINHG trip is all about the marine life right here off Seabrook Island's coast. David Green from the Barrier Island Environmental Educational Center at Camp St Christopher will guide us through this tour. We will learn about our local fish, whales and other marine life. We will start with a presentation in the Aquarium room of Susanna's House at Camp St Christopher. From there we will make our way to the beach. For those that want to help, we will pull a large seine net through the surf with the potential of catching jellyfish, crabs, a variety of marine life as well as possibly a sting ray.  
**Min: 10      Max: 20      Cost: \$12.00      Natural Science**

**Dates to be determined**

**##. Sandy Island Gullah Village and Nature Conservancy Project      TBD      8:00 – 3:30      Leader: Nancy**  
Visit one of the few remaining true Gullah Villages. We'll depart by boat for Sandy Island Village at 10:00 AM, to tour the village, speak with residents and have lunch with them. After lunch walk to the north part of the island to see what The Nature Conservancy is doing to restore native forests including the Long Leaf Pine. This trip was done in the Spring 2019 and was a resounding success. This is a long trip and a long day. Detailed schedule will be provided prior to the trip. Moderate walking required.  
**Min: 15      Max: 20      Cost: \$47.00      History**